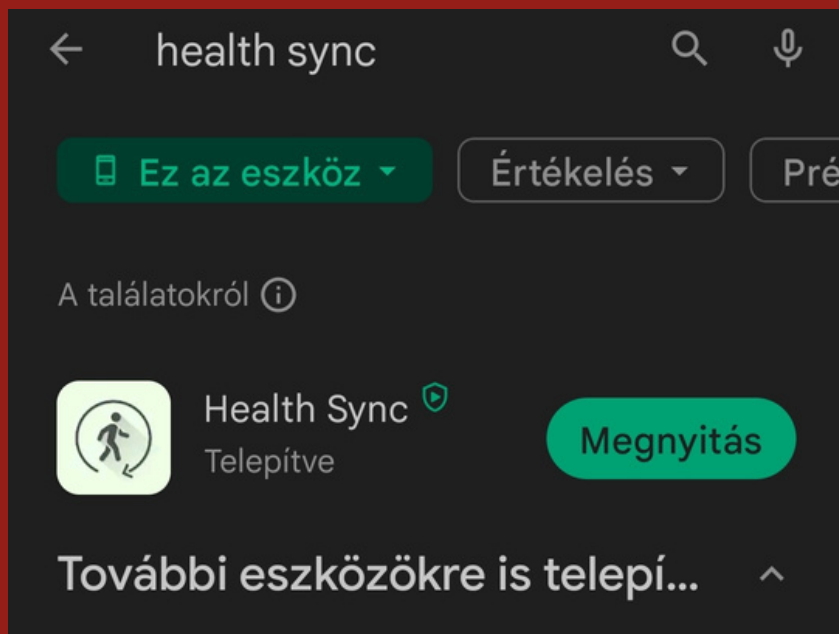


1

Keressd meg a Play
Áruházban a Fitness
Syncer alkalmazást



2

Nyomd meg a Telepítés
gombot

3

Nyomd meg a Megnyitás
gombot

First Usage Actions

This is the first time you use Health Sync. A few steps are required to make Health Sync ready to use. Please follow the instructions to prepare Health Sync correctly.

OK

Sync Configuration

In the next screen you can choose between which apps you want to sync and in which direction.

After the initialization phase you can select specific sync configurations for sleep, nutrition, weight and heart rate.














OK

**A két üzenetre: OK,
majd válaszd ki az órádhoz tartozó
programot**

Initialization

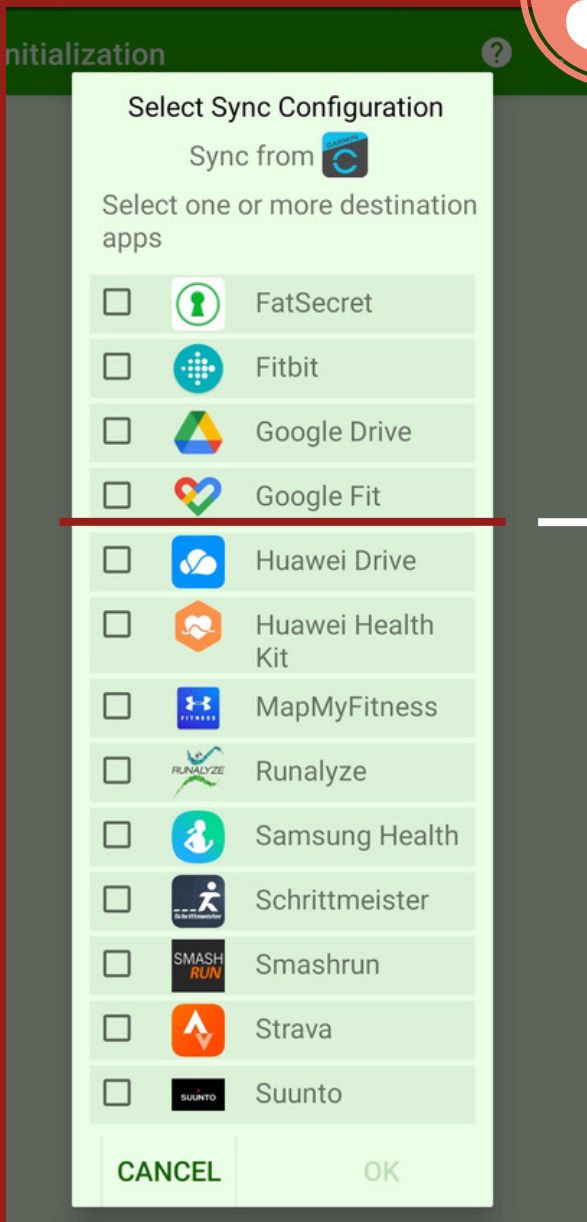
Select the base sync source

Select the source app

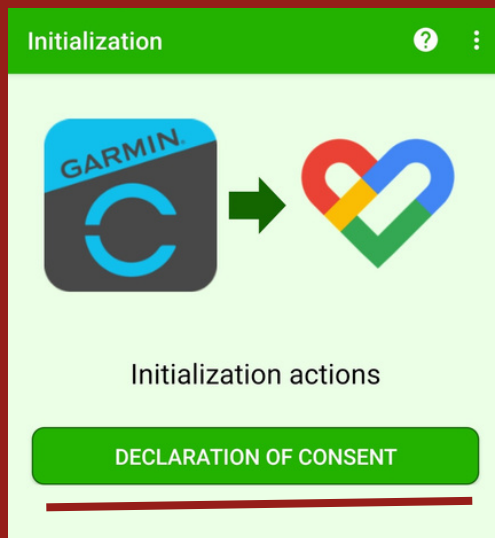
-  Coros
-  Diabetes:M
-  FatSecret
-  Fitbit
-  Garmin
-  Google Fit
-  Health Mate
-  Huawei Health Kit
-  Oura
-  Polar
-  Samsung Health
-  Strava
-  Suunto

CANCEL

5



Válaszd ki a
Google Fittet



6

Declaration of consent

You are going to use Health Sync to sync health and fitness data between apps.

Your health and fitness data is not stored by Health Sync itself, in the app, on the phone, or elsewhere on the web. Health Sync only stores the data in the apps that you have selected as the destination for the sync. Health Sync processes your health and fitness data in the app and not on a server on the Internet.

Health Sync will not read or store app credentials. When you need to login to authorize access to a connected app, it is always a login in the connected app or on a website of the connected app, not in Health Sync itself. In some cases, Health Sync will get your connected app user ID, and Health Sync will store your connected app user ID to show you the connected account. Health Sync takes care of your

DECLINE ACCEPT

connect.garmin.com

Connect with Health Sync?

By connecting with Health Sync, you agree to share information from your Garmin Connect account to enhance your experience with Health Sync. This may include activities, location, heart rate and related metrics, calories burned and other health or personal data.

Do you agree to share information from your Garmin Connect account with Health Sync? You can opt out and disconnect from Health Sync at any time in your Garmin Connect settings.

[Health Sync Privacy Policy](#)

Garmin Account Sign-In

Email

Password (Eergo1?)

Remember Me

**Az órádhoz tartozó
bejelentkezés**

connect.garmin.com

Control the information you share.

You get to decide what information you share with Health Sync, as well as what information Health Sync shares with your Garmin Connect account. You can change these selections at any time in your Garmin Connect settings.

Data shared from Garmin Connect to the Health Sync app

Activities

Daily Health Stats

[Health Sync Privacy Policy](#)

connect.garmin.com

Connect with Health Sync?

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[Health Sync Privacy Policy](#)

Logged in as Feszt Tímea

[Not you?](#)

Initialization

Check Google Fit Settings

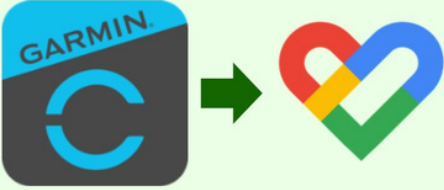
You are going to sync data to Google Fit. Please make sure that **Track your activities** is disabled in Google Fit. You may have other connected apps in Google Fit, but they can disturb the sync process.

Google Fit opens, go to the Profile tab (the tab with the person icon at the bottom of the screen), select Settings (the gear icon in the top right corner) and disable 'Track your activities'.

If settings in Fit must be adapted, Health Sync won't be able to sync correctly today (but tomorrow the sync will be correct).

OK


Initialization



Initialization actions

CHECK ACTIVITY TRACKING IN GOOGLE FIT

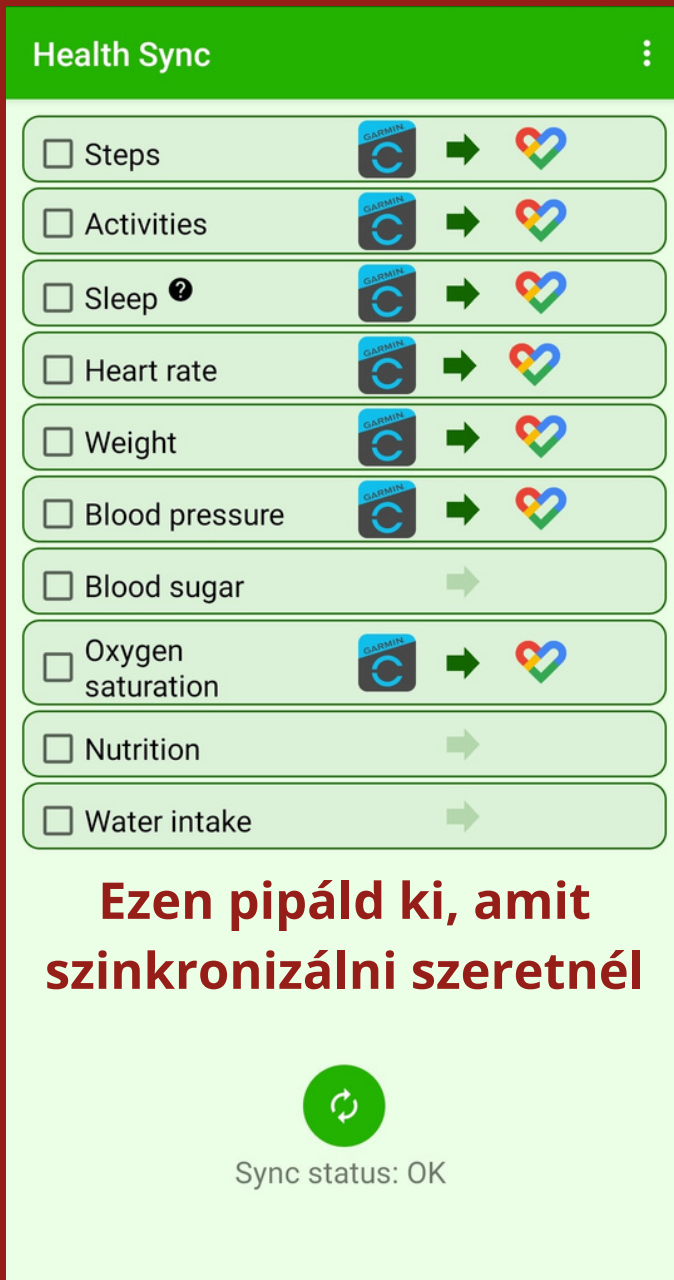
Initialization



Initialization Finished

Almost finished! Health Sync will start, you can select which data items to sync. Some apps require specific permissions that are requested when you select a sync item. If there is a problem, please check the Help Center menu.

OK



Kb. egy hét után pénzt kért a további működéshez, de nem sokat és csak egyszeri alkalommal (2 éve használom)